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Mikel Peterson

East Carolina University

Dr. Novak

11/16/2020

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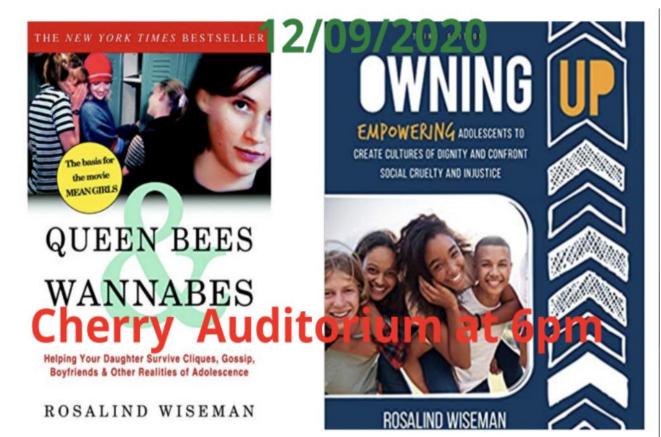
Raising a child is a challenging duty and it gets more complicated as times goes. There are several aspects to pay attention while raising your child. These aspects vary according to the sex of your child though. For example, basic needs such as nourishment, dressing, and education are common for all children independently of the sex of the child. However, biological changes in a child's body, psychological development, and social relations differ.

Our program is about raising a daughter who has self-esteem and self-awareness. For every child, these two qualities are crucial to possess to be able to be an individual. As a result, teaching your daughter to have confidence in herself, have self-acceptance, and be at peace with herself.

About raising a child, our guest speaker, an expert on psychology of teenage girls and the author of the book named "Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence", Rosalind Wiseman emphasizes that helping children to build self-confidence and self-awareness is the best favor that could be done for them (2016). It is a great opportunity to listen to Wiseman, as an expert on helping kids dealing with their issues. Rosalind Wiseman has a lot to say and parents, for sure, have a lot to learn from her. This is a free event for parents and students.









## A Seminar Hosted by: Author Rosalind Wiseman



Encouraging Students to Build Cultures of Dignity and Tackle Social Unkindness and Inequality

Where: Cherry Auditorium at 6pm

## References

Wiseman, R. (2016). Queen bees and wannabes: Helping your daughter survive cliques, gossip,

boys, and the new realities of girl world. Harmony.